

2020 CANTEEN MENU



Recess *Pre-order only*

Available for Years 1 - 6 only

Cheesy Dog	\$2.00
Mini Sausage Roll (A)	\$1.50
Yummy Drummies (A)	1 for \$2.00
	2 for \$3.50
Pizza Bite	\$1.20
Snack Pack	\$2.60

(Fruit, Veg Sticks, Cheese and Rice Crackers served with Homemade Hummus)

Available all recess

Available for Years 1 - 6 only

Homemade Blueberry Muffin (A)	\$2.20
Pikelets (A)	\$1.40
(2 per serve)	
(Choice of Jam or Butter)	
Apple Slinky	\$1.20
Vegemite on Toast	\$1.00
Fruit Toast	\$1.00
Cup of Milk	\$1.20
Milk topped with Milo	\$1.40

After Lunch Snacks

Available for Years 1 - 6 only

Moosie (A)	\$2.00
Billabong Rainbow (A)	\$2.00
Billabong Chocolate (A)	\$2.00
Juicy Ice Sticks	\$1.00
Twisted Frozen Yoghurt (A)	\$2.00
(Strawberry & Vanilla)	

Traffic Light System Information

Our Canteen adheres to the guidelines set out by the Department of Education Healthy Food and Drink Policy:

- Green products can be sold everyday
- Amber products can be sold 1 -2 times a week
- Red products cannot be sold in the Canteen.

The Traffic Light System ensures a wide range of foods that make up the majority of a healthy diet are on the menu.

Amber product = (A)

Halal = (*)

Gluten Free = (GF)

Ordering Information

Ordering at the Canteen window: The Canteen is open from 8am each Monday and Friday. Please write your **NAME** and **ROOM NUMBER** clearly on the lunch bag (provided outside the Canteen) or on an envelope. Correct money is appreciated and please, no foreign coins.

Ordering through the QKR! App: QKR! orders can be placed until 8.45am on Mondays and Fridays. Please ensure you have up-to-date Room numbers listed so lunches are delivered to the correct room.

LDC

Please mark your child's lunch order clearly with **LDC, NAME, and ROOM NUMBER** on the envelope or bag.

Hot Foods

Spiral Pasta	\$4.90
Lasagne	\$4.90
Nacho Dippers (A)	\$4.90
Pizza - Hawaiian	\$4.20
Pizza - Meat Lovers	\$4.20
Sausage Roll (A)	\$2.90
Cruiser Pie (A)	\$3.90
Add Tomato Sauce	\$0.50
Vegetarian Fried Rice (GF)	\$4.90
Butter Chicken Rice (GF)	\$5.90
HAMBO (Ham, Cheese, Pineapple)	\$5.00
Roast Chicken with Mayo (*)	\$5.00

Sandwiches and Rolls

White or Wholemeal Bread

Add \$0.50 for a White Knot Roll

Standard salad includes Lettuce, Cucumber, Tomato, Carrot	
Ham & Salad	\$4.70
Chicken & Salad (*)	\$4.70
Cheese & Salad	\$4.70
Egg or Curried Egg & Salad	\$4.70
Salad	\$4.20
Vegemite	\$2.00

Wraps

Includes Lettuce, Cucumber, Snow Peas, Mayo

Sweet Chilli Chicken Tender Wrap (*)	\$5.50
Roast Chicken & Cheese Wrap (*)	\$5.50
Yummy Drummy Wrap (*)	\$5.50

Hot Dogs

Hot Dog & Tomato Sauce (A)	\$3.90
Hot Dog with Cheese & Tomato Sauce (A)	\$4.40
Puppy Dog & Tomato Sauce (A)	\$2.40
Puppy Dog with Cheese & Tomato Sauce (A)	\$2.70

Extras

Extras to add to all Sandwiches, Burgers or Wraps	
Beetroot, Tomato, Pineapple, Cheese, Mayo, or Avocado	\$0.50 each

Toasted Sandwiches

White or Wholemeal Bread

Ham & Cheese	\$4.50
Chicken & Cheese (*)	\$4.50
Chicken Cheese & Mayo	\$5.00
Chicken, Cheese & Avocado	\$5.00
Cheese	\$4.00

Salad/Salad Wraps

All salads \$6.00 each

Garden Salad - Served with Cheese, Mixed Olives, & a Boiled Egg

Rainbow Salad - A bed of Greens, fresh Beetroot, Carrot, Cucumber, served with Chickpeas and Homemade Tahini Dressing

Greek Salad - A bed of Spinach Leaves, Cherry Tomatoes, Cucumber, Red Onion, Black Olives and Feta with a Greek Dressing

Caesar Salad - Served with Croutons and Homemade Dressing (Anchovies optional)

Add Sweet Chilli Tenders 1 for \$2.00 or 2 for \$3.00

Chicken Caesar Salad Wrap	\$5.50
Rainbow Salad with Roast Chicken Wrap	\$5.50

Burgers

Beef Burger with Salad & Tomato Sauce	\$5.00
Chicken Burger with Salad & Mayo (*)	\$5.00
Add extras for \$0.50 each	

Drinks

Chocolate Splash	\$2.60
Spearmint Chill	\$2.60
Strawberry Smash	\$2.60
Tropical Juice	\$1.50
Apple Juice	\$1.50
Bottled Water	\$1.50
Glee (A) - Blackcurrant / Rockin'	\$2.50
Raspberry / Tropical Treat / Bubblegum	
Grape	