

# Sun Protection Guidelines

August, 2019

National Quality Area 2: Children's Health and Safety,

National Quality Area 6: Collaborative partnerships with families and communities

National Quality Area 7: Leadership and service management

AITSL Professional Practice Standard 3: Plan for and implement effective teaching and learning

**AITSL Professional Practice Standard 4**: Create & maintain supportive and safe learning environments

**AITSL Professional Practice Standard 7:** Engage professionally with colleagues, parents / carers and the community

## **Guideline Statement and Rationale**

As students are at school during times of peak ultraviolet (UV) radiation, schools can play a major role in creating a supportive environment that minimises exposure and encourages sun protective behaviours.

Our Sun Protection Guidelines have been adopted to ensure that all students, staff, parents and visitors attending NEMLDC are protected from skin damage caused by UV radiation from the sun.

According to the BOM website, Perth UV index on average is at 3 and above for all months of the year except June. SUNSMART through the Cancer Council recommends that when the UV index is above 3, that sun smart practices are in place – wear sun protective clothing and hat, SPF30 (or higher) sunscreen and sunglasses (if practical) and seek shade.

## **Our Commitment**

The NEMLDC is a sun smart school.

North East Metropolitan Language Development Centre will:

- Inform all staff and parents of the school's Sun Protection Guidelines, via the school website.
- Promote sun protection via DOJO, assemblies and whole school activities.

## **Responsibilities:**

## **Deputy Principal/ Principal Responsibilities:**

- Monitor the provision of adequate shade for all playground areas.
- Encourage staff to wear appropriate sun-smart hat and clothing for all outside activities, including yard-duty.
- Encourage staff and students to use shaded areas when outside
- When temperatures are considered to be too extreme for outdoor play, alternative arrangements will be made.
- Reschedule sports days 2 days in advance if temperature is scheduled to be 34 degrees or above.
- Ensure Sun-Smart practices are in place when the UV rating is above 3. (hat, clothing, sunscreen, seeking shade)

### **Teacher Responsibilities:**

- Implement the requirement for all students to wear broad-brimmed, legionnaire or bucket hats when outside.
- To model and ensure Sun-Smart practices are in place when the UV is above 3. (hat, clothing, sunscreen, seeking shade)
- Direct all students without a hat to play in the shade.
- Where students are not dressed in clothing that provides suitable sun protection, teachers to direct students to play in the shade.
- Timetable as many outdoor activities as possible including assemblies, sport and physical education as far from 12 noon as possible.
- Encourage the use of SPF 30 or higher broad spectrum sunscreen by providing sunscreen in the classroom and allowing students time to apply sunscreen at times when they will be participating in prolonged outside activities, e.g. sports carnivals, outdoor excursions.
- Implement WA Curriculum sun smart learning.

## Parent's/Carer's Responsibilities:

• Provide own child with a broad-brimmed, legionnaire or bucket style hat as per the School Uniform Guideline. Ensure it is labelled with child's name.

Note: that due to health reasons, the school does not promote the sharing of hats. The school does not provide 'spare' hats for children who do not have their own hat on any day.

- Students to wear the school uniform, including hat, which provides adequate protection from UV radiation.
- On days where uniform is not required, parents to ensure their child is dressed in clothing that provides sun protection. (Eg. Sport shirt with sleeves/ free dress days)
- Apply SPF 30 (or higher) sunscreen before school when the UV is above 3. (All months except June)
- Inform classroom teacher if any allergy to sunscreen and ensure child has their own SPF30 (or higher) sunscreen in bag when necessary

#### **Student's Responsibilities:**

- Wear broad-brimmed, legionnaire or bucket style hat whenever engaged in outdoor activities
- Play in shaded areas if they do not have their hat or as directed by staff.
- Use shaded or covered areas whenever possible outdoors.
- When instructed, apply SPF 30 (or higher) sunscreen when engaging in extended periods outdoors, e.g. excursions, sports carnival

Version: 1/2017 Version: 2/2019

Review: 2020

The NEMLDC Guidelines are guided by Department of Education (DoE) Duty of Care for Public School Students Policy, Occupational Health and Safety and recommendations from Cancer Council Sun Smart Schools.